

Greetings, it is I, Gabriel

Let us start this evening by immersing yourself in your Sacred Heart Center.

And breathe in Love.....

Breathe in Light, Undifferentiated Love and Light of Source.....

And allow that beautiful Light to flow through every part of your Being: your physical as well as your nonphysical expression -- your body, your cells.

Feel the influx of Light.

Notice your consciousness, your state of being from a more Collective energy.....

This state of your being is what you will be operating in from now on.

Your body is welcoming this state of being, as the Collective Consciousness.

And all of the 5<sup>th</sup> dimensional templates are lighting up and activating within the physicality, within your body, so that your body is the vehicle to express the fullness of who you are.

All of the false illusions of who you are have dropped away.

And the emanation of you has pure Source energy.....

It is a very viable energy, very tactile within your physical senses as well as your spiritual senses..... [Pause]

Take a deep breath.....

Be very conscious of yourself as pure Source energy.....

And be very present in this moment in time and space.....